



## **Indianapolis Fitness Experts Join Forces with New Fitness Facility**

*Bill Hartman, PT, CSCS, and Mike Robertson, MS, CSCS, are opening their new fitness training facility, Indianapolis Fitness and Sports Training. Get a free 14 day full membership to include a full assessment and 6 free training sessions.*

Indianapolis, IN, August 05, 2008 --(PR.com)-- Bill Hartman, PT, CSCS, owner of PR Performance Sport and Fitness Training and writer for Men's Health Magazine, and Mike Robertson, MS, CSCS, owner of Robertson Training Systems and writer for T-Nation.com have brought together their expertise in opening their new fitness training facility, Indianapolis Fitness and Sports Training.

“Our clientele ranges from Olympic and professional level athletes all the way to the other end of the spectrum to include the serious weight loss client, so we've put together a facility that complements our unique training systems,” says Hartman. Training is done “team-style” to create an immediate support system and assure the desired results for the client. Adds Robertson, “You won't find any treadmills or TV's here. It's all about getting the results.”

Indianapolis Fitness and Sports Training is located on the northeast side of Indianapolis just north of Home Depot at I-69 and 96th Street. They are currently offering a free full membership including a complete assessment and six free training sessions. Please call for an appointment.

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