



## **Discover How to Find Career Success and Follow Your Own Path in this Uncertain Economy**

*Anyone looking for success in their career and life can find savvy insights and proven business practices in **Hitting Your Stride: Your Work Your Way**.*

Whitefish, MT, February 13, 2008 --(PR.com)-- MountainWorks Communications, LLC announces new book written by its founder and President, Nan S. Russell.

Published by Capital Books, Inc., **Hitting Your Stride: Your Work, Your Way** offers real-world “winning at working” lessons, reflective exercises, and stories that will help in finding career success and providing inspiration to define your own path in the workplace and life.

**Hitting Your Stride** is a motivating business-and-life book, with an individualized approach to bringing the best of who you are to work written by someone who has been an employee, a manager and a senior executive. Nan spent more than twenty years in management; going from a minimum wage employee to vice president of 4.4 billion dollar QVC. Currently, living a life's dream to live and work from the mountains of Montana, today, Nan is helping others avoid the mistakes she made, sharing her real-world perspectives of what does and doesn't work at work.

According to Doug Briggs, former QVC President/CEO and Nan's previous boss, “If you care about your career or life's dreams **Hitting Your Stride** is a unique book that you shouldn't miss.”

With **Hitting Your Stride: Your Work, Your Way**, you will discover ways to:

- Create your own luck
- Develop your own special talents and uniqueness
- Achieve a job you feel passionate about
- Seek balance and flexibility in your work and life
- Earn financial rewards and invest in your future

More about this book is available at [www.hittingyourstride.com](http://www.hittingyourstride.com)

About MountainWorks Communications, LLC

MountainWorks Communications, LLC was founded in 2006, by company President, Nan S. Russell, on the vision that only when we're all winning, do we all win. MountainWorks Communications works to inspire greatness in people and organizations. Returning in 2002, to her native state Montana, to follow a life's dream, Nan is passionate about helping others offer the best of who they are to the world and live their life's potential. More about the company can be found at [www.mountainworkscommunications.com](http://www.mountainworkscommunications.com)

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