



"Sick Building Syndrome", by James Hewitt is a Must Read that is now available Worldwide.

Sick Building Syndrome, authored by James Hewitt, RN is now being sold internationally. It is now available worldwide. Sick Building Syndrome helps others learn about this poorly understood syndrome that affects many people worldwide. Indoor air quality, noise, and lighting affects all businesses. This book can help reduce your companies sick calls.

Schuyler Falls, NY, February 10, 2008 --(PR.com)-- Sick Building Syndrome educates the public how indoor air quality, noise pollution, lighting, and cleaning chemicals can harm your overall health and well being. Mr. Hewitt with the publication of Sick Building Syndrome educates the reader about a health niche that is poorly understood by the public at large. The causes of how a building can be considered "sick" will be explained and discussed. The prevention and some solutions for the syndrome, known as SBS, will be discussed. The ventilation issues that promote SBS will be broached. Chemical contamination, such as outdoor and indoor contaminants will be reviewed. Biological contamination caused by bacteria, viruses, and molds will be explained extensively. The book reviews methods for the prevention of SBS and offer some solutions. The book explains in detail a plan for the creation of a Team to monitor your building and any complaints regarding SBS.

###



Contact Information:

Jim Hewitt Writing

James Hewitt, RN

518-643-7190

jimhewittwriting@aol.com

<http://stores.lulu.com/jamesphewitt>

Online Version of Press Release:

You can read the online version of this press release at: <http://www.pr.com/press-release/71633>

News Image:

