



32nd Anniversary of Nude Recreation Week Taking Off at Clothing Optional Resorts

Every year, Nude Recreation Week reminds people that you can escape the hum drum of boring chain hotel vacations. There are many fascinating and fun nude travel destinations around the world. Pack light and say goodbye to tan lines forever.

Palm Springs, CA, July 08, 2007 --(PR.com)-- Shortly after Americans finish observing our nation's independence on July 4th, another major holiday period needs to be celebrated.

It is the 32nd Anniversary of Nude Recreation Week, held from July 9-15th, 2007. The American Association of Nude Recreation (AANR) is a major sponsor of this holiday.

Nude Recreation Week informs first timers all about the fun they are missing out on by not vacationing at topless or nude resorts and beaches.

Nude sunbathing, swimming, and skinny dipping has had a long history in America. Presidents John Quincy Adams and Teddy Roosevelt used to go nude swimming in the Potomac river. And Benjamin Franklin greatly enjoyed his daily outdoor "air baths" while wearing just his birthday suit.

Nude Recreation Week lets everyone know that by vacationing at nudist and clothing optional resorts, you can finally find a fun way to shed all of life's daily stresses along with your clothes.

Nude recreation is the fastest growing trend in the travel and leisure industries. In a recent national survey conducted by Yesawich, Pepperdine, Brown, & Russell/Yankelovich Partners, 12% of adults responded to the survey that they consider a resort that offered a nude recreation experience extremely desirable. Compared to only 10% of adults saying the same about a golf vacation, and only 6% saying the same about a tennis vacation, it is easy to see that vacationing at nudist resorts is definitely on the rise in popularity.

As can be expected, the most desirable nude sunbathing resorts are located in the warmest parts of the U. S. Most notably Palm Springs, California and Florida.

In Palm Springs, CA, the popular place is The Terra Cotta Inn Clothing Optional Resort and Spa <http://sunnyfun.com> Call 800-786-6938 for more information.

Always sunny Palm Springs is a very popular destination with the clothes free set. Averaging less than 3 inches of rain a year, this lush desert oasis has the sunniest, best weather in America.

In March 2007, AOL.com reported that The Terra Cotta Inn is one of the top 10 best clothing optional resorts in the world. They average one of the highest repeat guest rates in the travel industry at just over 75%, with repeat guests from around the world.



First timers feel very comfortable at Terra Cotta. So much so that CBSmarketwatch reported that they are the most mainstream nudist resort in America and perfect for couples trying nude sunbathing for the first time. The atmosphere is very welcoming and friendly there.

Cypress Cove Nudist Resort and Spa located in Kissimmee, FL (just outside of Orlando), is Florida's most famous nudist destination. It has a great location close to all the Orlando tourist attractions like Disney World and Epcot Center.

Nude Recreation Week teaches people that it is about time they try a new and fun vacation experience. Give a nudist resort or clothing optional resort a call for more information. Celebrate Nude Recreation Week or any week for that matter in your birthday suit. You will be glad that you did.

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