



## **Seniors Write a Book and Donate a Portion of Proceeds to Alzheimer's Disease and Breast Cancer Research**

*A group of seniors have co-written a novelette as a fund-raising project for their day support program and a portion of the profits from each book will be given to support Alzheimer's Research and Breast Cancer Research.*

Calgary, Canada, July 03, 2007 --(PR.com)-- A small group of seniors from CareWell Adult Day Support Program, under the direction of Ava Jean Lunn, Recreation Therapist, have written a book called *Flowers of Hope*. The book was written as a therapy project for life review and to give the seniors an opportunity to experiment with creative writing. The story follows the lives of two people from childhood, through World War Two and into old age and is a composite of the lives of all of the participants.

This story is truly a labor of love, written through the sharing of intimate details of several lives, though questions and answers, laughter, tears and bittersweet memories.

Books are available for purchase by contacting CareWell Publications at (403) 272-4411 , faxing (403) 272-8322 email [carewell@shaw.ca](mailto:carewell@shaw.ca) or by visiting our website at <http://www.yourcarewell.com>

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**Online Version of Press Release:**

You can read the online version of this press release at: <http://www.pr.com/press-release/44036>

**News Image:**

