



## **Nationally Recognized Anger Management Programs Are Launched**

*The Marriage and Family Therapists of New York launch their nationally recognized and acclaimed Anger Management Programs. Group Programs, consisting of 12 sessions, are available for Children, Teens, Adults, and Couples. Individual one on one sessions are also provided.*

Rockville Centre, NY, June 10, 2007 --(PR.com)-- The Marriage and Family Therapists of New York launch their nationally recognized and acclaimed Anger Management Programs. Developed by social psychologist and author, Dr. Joan Atwood, 12 session groups are for children, teens, adults, and couples. The Program is available to individuals as well. Participants receive a Certificate of Completion when the group ends. The office is located at 542 Lakeview Avenue, Rockville Centre, NY 11570. For more information, see the website <http://www.NYMFT.Com>.

The Marriage and Family Therapists of New York provide a broad range of counseling and therapy services to Individuals, Couples and Families addressing a wide array of issues. Dr. Atwood's team of highly skilled and experienced professionals, each with their particular area of expertise, is available for initial consultation to establish a personalized program that meets clients' individual needs. In addition, Dr. Atwood has developed an interactive website for online consultation services at <http://www.NYMFT.com> The new website offers a Free 15-Minute Phone Consultation for new clients. "What NYMFT.com offers online compliments the complete range of services provided for our clients." stated Dr. Atwood.

Services include pre-marital counseling, anger management, women and men's issues, divorce therapy and divorce mediation, and gay/lesbian issues and therapy which addresses anxiety, depression, bereavement, remarriage, adolescent problems, substance abuse, and sexual issues. "The focus is on empowerment. We help clients to expand their individual visions, to see more possibilities and thus more solutions to problems. Further, our services help individuals to re-story their lives, so they experience more positive outcomes in their relationships," said Dr. Atwood.

As former President of the New York State Association for Marriage and Family Therapists, Dr. Atwood was very involved in the efforts to obtain recognition and licensure for marriage and family therapists in NY. She is fully committed to the ongoing supervision to license new marriage and family therapists. This service is available to individuals and groups on an on- going basis for newly graduated as well as seasoned professionals who would like MFT supervision leading to licensure. From More Information Please Contact: Dr. Joan Atwood at the Marriage and Family Therapists of New York directly at: (516) 764-2526 or 542 Lakeview Avenue, Rockville Centre, New York 11570. Email [jatwood@optonline.net](mailto:jatwood@optonline.net) or visit the new website at <http://www.NYMFT.com>.

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