



Skin Care and Hypoallergenic Solutions for Diabetics

Pittsburgh, PA, July 31, 2006 --(PR.com)-- Skin care problems are common in diabetics. Jonäno offers hypoallergenic, naturally antimicrobial baselayer protection against bacteria and fungus that cause odor.

Diabetes can affect every part of the body, including the skin, and as many as one third of diagnosed diabetics will develop a skin disorder during their lifetime.

High levels of blood glucose cause dry skin, particularly in the legs and feet. A unique condition known as diabetic neuropathy prohibits nerves from transmitting messages to the central nervous system which allow the skin to produce moisturizing sweat. When dry skin cracks and peels, germs gain access to the dermal inner layers, often leading to dangerous skin infections.

Bacterial Infections:

Several kinds of bacterial infections occur in people with diabetes causing inflamed skin tissue that is usually hot, swollen, red and painful. Most infections are caused by Staphylococcus bacteria, commonly known as Staph. WebMD recommendations for taking care of minor skin irritations are:

- Gently wash the area with a mild hypoallergenic soap and warm water;
- Cover the irritated skin with a hypoallergenic or cloth bandage, or gauze pad secured in place with hypoallergenic or paper tape;
- Keep checking the area to make sure the irritation doesn't get worse;
- Change the bandage at least once a day.

Ask your doctor. Some infections may require treatment with antibiotics in the form of pills and/or creams.

Fungal Infections:

Common fungal infection include athlete's foot, ringworm (a ring-shaped patch), jock itch and female yeast infection. Most infections are caused by the yeast-like fungus, Candida albicans, which causes itchy rashes in moist warm folds of the skin. This fungus causes bright red, itchy rashes, often surrounded by tiny blisters and scales.

If you think you have a fungal infection, visit your doctor, as you will require a prescription medicine to cure it.

Mucormycosis is seen in people with diabetes. This fungal infection starts in the nasal cavities and can spread to the eyes and brain. It can be fatal if left untreated.

Protecting your Skin:

Keeping your diabetes under control is the most important factor in preventing skin complications. Follow your health care provider's advice in regard to nutrition, exercise and medication. Check your blood glucose levels as instructed and keep your levels within the range recommended by your doctor.



Proper skin care will also reduce your risk of skin problems:

- To prevent dry skin when the temperature drops, use a room humidifier;
- When bathing use warm (not hot) water and a mild, hypoallergenic moisturizing soap;
- Avoid prolonged showers and baths and pat skin dry (do not rub);
- Avoid scratching irritated skin, apply mild hypoallergenic moisturizers instead;
- If you are prone to acne, see a dermatologist. Use only products labeled noncomedogenic or nonacnegenic;
- Take care of small cuts with antibacterial ointment and a hypoallergenic bandage. Change dressing daily;
- Protect your skin from the elements - use SPF of 15+ and protect your extremities. Use moisturizing lip balm.
- Choose newly available hypoallergenic and naturally antimicrobial clothing options.

See a doctor if you have any pain or discomfort that continues for more than two days or an elevated temperature. Go to the doctor immediately if you notice any pus developing on a sore or near it.

Jonäno offers naturally antimicrobial, hypoallergenic clothing for Men, Women and babies.

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ecoKashmere trademark application pending.

Comfort with Benefit trademark application pending.

EcoScrub trademark application pending.

Headquartered in Pittsburgh, PA, Jonäno™ is one of the few scrub companies on Earth specializing in eco-friendly fabrics and sustainable business practices.

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